

# **HEALING MASSAGE & BODY RENEWAL TREATMENTS**

*By Amy Hall LMT since 1989*  
At Cuttin'Inn Salon & Day Spa  
Hollywood Beach \* Massage By The Sea  
(805) 984-6078

**Soothing Swedish By The Sea Massage** – This delicious massage with an ocean view will melt away stress and tension and increase circulation and oxygen. **30min-\$55, 60min-\$80, 90min-\$115**

**Aromatic Healing Oils Massage** – A deluxe aromatherapy massage with pure plant essences that will emotionally cleanse and calm. **30min-\$60, 60min-\$85, 90min-\$120**

**Therapeutic Massage** – This deluxe rejuvenating medium pressure treatment utilizes kinesiology to restore and balance the muscles and inner organs. **30min-\$65, 60min-\$90, 90min-\$125**

**Sports Massage** – For active people or athletes, this invigorating treatment will help restore equilibrium, balance and speed recovery from intense training. **30min-\$65, 60min-\$90, 90min-\$125**

**Deep Tissue Massage** – Great for people who need deeper pressure to break up congestion, eliminate toxic overload and restore circulation. **30min-\$70, 60min-\$95, 90min-\$130**

**Polarity Balancing Massage** – This treatment aligns the electrical current within the body eliminating pain and restoring balance. **30min-\$60, 60min-\$85, 90min-\$120**

**Australian Massage** – This energetic work utilizes gentle moves to help restore healing to the connective tissues cellular memory, to release and unwind injuries or stress. Best done in a series of three treatments once per week. **60min-\$85 (Series of 3 for \$235) 90min-\$120, (Series of 3 for \$350)**

**Zen Massage** – Green Tea is a potent antioxidant used with ancient healing wisdom from Japan to promote balance of the meridians in the body. **30min-\$65, 60min-\$90, 90min-\$125**

**Ayurvedic Massage** – A warm herbal oil from India is massaged into the body to soothe and rebalance your body mind and spirit! **30min-\$70, 60min-\$95, 90min-\$130**

**Hot Rock Aroma Massage** – Enjoy the warm stones as the heat soothes away your tension and softens the muscle fibers infused with essential aromatics. **30min-\$75, 60min-\$110, 90min-\$145**

**Cellulite Massage** – A richly detoxifying solution with specialized invigorating massage techniques used to encourage the reduction of cellulite. **60min-\$85, Series of 3 for \$235**

**Pregnancy Massage** – Pre or Post natal massage tailored to help a mother during this special time. (Not recommended in the first trimester) **30min-\$65, 60min-\$90, 90min-\$125**

**Reflexology Massage** – This treatment of the head, hands and feet will promote healing, balance and detoxification. (Can be done fully clothed) **30min-\$55, 60min-\$80, 90min-\$115**

**Exfoliating Massage** – Removes dead skin cells to promote even tanning for the summer followed with a deeply hydrating rich emollient cream. **30min-\$60, 60min-\$85, 90min-\$125**

**Seaweed Wrap** – A cocoon of rich sea minerals to detoxify and purify your skin. **70min-\$130**

**Hydration Wrap** – This botanical rich body butter will reverse over exposure to the sun to deeply hydrate and restore moisture balance to your skin. **70min-\$130**

24 hour advanced notice is appreciated. We require a 24-hour notice of cancellation.

All prices are subject to change without notice.

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